

Patient Intake Form

Patient Name: (Last) _____ (First) _____ (MI) _____
Patient Address: _____
City: _____ State: _____ Zip: _____
Home Phone: _____ Beeper/Cellular: _____
Birthdate: _____ Age: _____ Sex: M F
Country of Birth: _____ Country of Parents' Birth: _____
Education: Elementary High School/Tech School 2-yr College 4-yr College Grad. School (Circle Highest Level)

Employment Information:

Patient Employer: _____ Occupation: _____
Employer Address: _____
City: _____ State: _____ Zip: _____
Work phone No: _____ Ext. _____
Social Security: _____ Drivers License: _____

In Case of Emergency:

Name: _____ Relationship: _____ Phone: _____
Patient's Spouse: _____ Phone: _____
Family Physician: _____ Phone: _____
Referred by: _____

Past History: (Please check if you have had any of the following):

Allergies, Type: _____ Birth defects or abnormalities
 Exposed to tuberculosis Measles Scarletina Influenza
 Mumps Diphtheria Rheumatic
 Fever German Measles (3 day) Polio Whooping Cough
 Frequent Colds Chickenpox Tonsillitis Scarlet Fever
 Pneumonia Diabetes: Type: _____
 Cancer, Type: _____ Other Diseases _____
 Operations: (dates) _____
Current Medications (vitamins, birth control pills): _____
Any mood altering or depression medication: _____
Allergies to medicines, foods, etc _____

Family History:

Father: Health _____ Age _____ Deceased _____ at age _____ Cause _____
Mother: Health _____ Age _____ Deceased _____ at age _____ Cause _____
of siblings: _____ # living _____ #deceased: _____ Cause _____

Family Diseases: Check diseases known in your blood relatives (not yourself)

High blood pressure Allergy Heart trouble Anemia
 Migraine Bleeding (abnormal) Dropsy Epilepsy
 Strokes Cancer Diabetes Nervous breakdown
 Kidney disease Syphilis or (bad blood) Suicide Obesity
 Arthritis Rheumatic Fever
 Other _____

Examinations:

Date of last physical examination _____ Reason: _____
Hospitalizations _____ Dates _____ Reason: _____
X-Rays: Chest _____ Stomach _____ Gallbladder _____ Kidney _____ Colon _____
Other _____ Date of last laboratory tests: _____

Electrocardiogram (heart tracing) _____ Date of last pap (cancer smear): _____

Do you now have or have had any of the following?

- | | | | | |
|---|--|--|--|---------------------------------------|
| <input type="checkbox"/> Itching | <input type="checkbox"/> Eczema | <input type="checkbox"/> Hives | <input type="checkbox"/> Joint pains | <input type="checkbox"/> Muscle aches |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Limitation of motion | <input type="checkbox"/> Backache | <input type="checkbox"/> Leg pains | <input type="checkbox"/> Heel Pains |
| <input type="checkbox"/> Pain or stiffness (neck) | <input type="checkbox"/> Goiter | <input type="checkbox"/> Swelling, enlarged glands | | |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Lung disease | <input type="checkbox"/> Raise sputum | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Bronchitis |
| <input type="checkbox"/> Heart trouble | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Palpitation or fluttering | <input type="checkbox"/> |
| Chest pain | <input type="checkbox"/> Lips or nails turn blue | <input type="checkbox"/> Tire easily | <input type="checkbox"/> Swelling of ankles | |
| <input type="checkbox"/> Indigestion | <input type="checkbox"/> Nausea or vomiting | <input type="checkbox"/> Abdominal pain | <input type="checkbox"/> Gas or bloating | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Hard bowel movements | No. of bowel movements - daily _____ | <input type="checkbox"/> Colitis | | |
| <input type="checkbox"/> Jaundice | <input type="checkbox"/> Hemorrhoids (piles) | <input type="checkbox"/> Bleeding or black stools | <input type="checkbox"/> Hernia | |
| <input type="checkbox"/> Urinary System | <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Bladder disease | <input type="checkbox"/> Kidney stones | |
| <input type="checkbox"/> Painful urination | <input type="checkbox"/> Pus or blood in urine | <input type="checkbox"/> Albumen or sugar in urine | | |
| <input type="checkbox"/> Dribbling of urine | <input type="checkbox"/> Varicose veins | <input type="checkbox"/> Nervousness or anxiety | | |
| <input type="checkbox"/> Trouble sleeping | <input type="checkbox"/> Headaches | <input type="checkbox"/> Bored or depressed | <input type="checkbox"/> Nervous breakdown | |
| <input type="checkbox"/> Fainting | <input type="checkbox"/> Convulsions | <input type="checkbox"/> Numbness | <input type="checkbox"/> Loss of consciousness | <input type="checkbox"/> |
| Neuritis or Neuralgia | <input type="checkbox"/> Paralysis | | | |

Menstrual History:

Menstruation began at age: _____ 28 day cycle? _____ If no, how many days? _____
Duration of bleeding: _____ Pain with periods? _____
Amount of flow : Light _____ Med. _____ Heavy _____
Date of 1st day of last: _____ menstrual period: _____
Bleeding between periods: _____ Bleeding after intercourse: _____
Irritation or discharge: _____ Itching or burning _____

Weight History:

When did you first become overweight? (your age then) _____ (year) _____
How did your weight gain start? Describe any circumstances: _____

What do you think is the cause of your weight problem: _____

Your present weight: _____ your weight goal: _____ height: _____
What was your highest weight? (excluding pregnancy) _____ your age then _____ # of years ago: _____
What was your lowest weight? _____ your age then _____ # of years ago: _____
Have you ever stayed the same weight for 10 years or more? Yes/ No
Have you attempted to lose weight before? _____ most lbs lost: _____ how long it took: _____
Describe previous methods of weight loss (e.g. diets, pills, injections, hypnosis, acupuncture) and describe your results: _____

Where and when do you do most of your overeating? _____

Please make any comments that you think might be helpful: _____

Do you currently have any medical concerns? Please List: _____

